

For general information contact the District 10 Representative at

District10@southpugetsoundal-anon.org

For meeting schedule changes and updates, contact your Group Rep or email

districtTenWebmaster@gmail.com

To purchase Al-Anon literature, including brochures, pamphlets, books, and more, please contact

olympiaLDC@gmail.com

District 10 meetings are scheduled bimonthly: January, March, May, July, September, and November, on the second or third* Saturday, 9:30 a.m. to 12:00 noon.

Location: St. Benedict's Church, 910 Bowker SE (off Pacific Avenue) in Lacey, WA 98503

*Please check the websites events page to confirm dates.

Please copy & share this schedule :)

In Al-Anon, we learn . . .

Not to suffer because of the actions or reactions of other people.

- Not to allow ourselves to be used or abused by others in the interest of another's recovery.
- Not to do for others what they could do for themselves.
- Not to manipulate situations so others will eat, get up, pay bills, not drink.
- Not to cover up for anyone's mistakes or misdeeds.
- Not to create a crisis.
- Not to prevent a crisis if it is in the natural course of events.



www.southpugetsoundal-anon.org

Area 59 / Washington State

District 10



Al-Anon & Alateen South Puget Sound meetings

updated Sept. 2023

Are you troubled
by
someone's
drinking?

hope & help for families and friends of alcoholics

MONDAY

OLYMPIA

12 pm | Courage to Changers WSO#14259
Online Only: Zoom 830 68375664
passcode 898629
Suzanne (360) 705-1166

12 pm | Fortaleza, Experiencia y Esperanza
Lutheran Church of the Good Shepard
1601 North Street SE, Suite C - Olympia
Hilda (360) 827-3884 WSO#30651906

HOQUIAM

6 pm | Get A Life WSO#53659
Hybrid: Zoom 796 7054 4682, passcode GAL
The Rose Center, 210 K Street
Keelee (360) 532-3009

LACEY

7:00 pm | New Beginnings WSO#46371
Hybrid: Zoom 831 3752 7299, passcode 694927
St Benedict's Episcopal Church
910 Bowker S.E., off Pacific Ave.
Susie (360) 790-4142

OLYMPIA

7:00 pm | Just For Today WSO#26328
Gloria Dei Lutheran Church
1515 Harrison Ave NW
Gail (360) 791-7744

7:00 pm | Discovering Choices
Gull Harbor Lutheran Church
4610 Boston Harbor Rd NE
Kari (360) 528-9960

TUESDAY *

LACEY

6:30 pm | Serenity on Tuesday WSO#30614484
Hybrid: Zoom 819 4411 8769, passcode AFG
St Mark's Lutheran Church, 2109 College St SE
Brenda (360) 870-2961

AL-ATEEN MEETINGS

Al-Ateen meetings are held for teens age 13-18, facilitated by trained Al-Anon members and are usually held at a local school. For more information on local Al-Ateen meetings, please contact the Al-Ateen coordinator at District10@southpugetsoundal-anon.org

* PLUS ONE MORE, SEE OTHER MEETINGS



WEDNESDAY

HOQUIAM

7 pm | Get A Life WSO#53659
Hybrid: Zoom 796 7054 4682, passcode GAL
The Rose Center, 210 K Street
Keelee (360) 532-3009

LACEY

7 pm | Friends in Lacey WSO#14260
Hybrid: GoToMeeting 144 538 013
St. Mark's Lutheran Church, 2109 College St. S.E.
Tom C. (360) 280-0242

THURSDAY

SHELTON

12 pm | Serenity in Shelton WSO#30777492
United Methodist Church, 1900 King Street
Meet in Meditation Room of the South Hall
Marlee (360) 339-3958

YELM

6 pm | New Attitudes WSO#52679
Yelm United Methodist Church, 408 2nd S.E.
Hybrid: GoToMeeting 720 416 197
Debbie (360) 280-8329 | debsstillwell66@gmail.com

OLYMPIA

6:30 pm | Capital Improvements (Babysitting available)
St. John's Episcopal Church, 114 20th Ave S.E.
Casey L. (360) 951-0076 WSO#62850

ELMA

7:00 pm | New Elma WSO#501126
Faith Lutheran Church, 1296 Monte-Elma Rd.
Pat R. (360) 861-8520

ROCHESTER

7:00 pm | Rochester Thursday Night AFG
St. Mark's Lutheran Church
10000 US-12
Mary Lou (360) 485-5288

God, grant me the *Serenity* to

accept the things I cannot change,

Courage to change the things I can,

and *Wisdom* to know the difference.

FRIDAY

OLYMPIA

12 pm | Courage to Changers WSO#14259
Online Only: Zoom 83068375664
passcode 898629
Suzanne (360) 705-1166

7 pm | South Sound Steppers WSO# 30518101
Online Only: Zoom 889 4221 2816, passcode 977967
In Person: Gloria Dei Lutheran Church
1515 Harrison Ave NW
Shari O (360) 867-0575

SATURDAY

OLYMPIA

7 pm | Fortaleza, Experiencia y Esperanza
Lutheran Church of the Good Shepard
1601 North Street SE, Suite C - Olympia
Hilda (360) 827-3884 WSO#30651906

SUNDAY

TENINO

6 pm | Hope House WSO#30528760
Hope House Presbyterian Church
125 Central Ave E
Annette (253) 347-6418

OCEAN SHORES

7 pm | Waves of Recovery
Ocean Shores Library Conference Room
573 Point Brown Ave
Larry B (206) 953-5385 lburnstad@comcast.net

YELM

6:00 pm | New Attitudes WSO#52679
Hybrid: GoToMeeting 720 416 197
Yelm United Methodist Church, 408 2nd St SE
Debbie (360) 280-8329 debsstillwell66@gmail.com

OTHER MEETINGS

TUESDAY

OLYMPIA

7 pm | AA Big Book Study from the Al-Anon Perspective
Online Only: Zoom 825 5306 7626, passcode 009614
Maggie B. | (360) 791-1872