

For general information contact the District 10 Representative at

District10@southpugetsoundal-anon.org

For meeting schedule changes and updates, contact your Group Rep or email

districtTenWebmaster@gmail.com

To purchase Al-Anon literature, including brochures, pamphlets, books, and more, please contact

olympiaLDC@gmail.com

District 10 meetings are scheduled bimonthly: January, March, May, July, September, and November, on the second or third* Saturday, 9:30 a.m. to 12:00 noon.

Location: St. Benedict's Church, 910 Bowker SE (off Pacific Avenue) in Lacey, WA 98503

*Please check the website to confirm dates.

Please copy & share this schedule :)

In Al-Anon, we learn . . .

Not to suffer because of the actions or reactions of other people.

- Not to allow ourselves to be used or abused by others in the interest of another's recovery.
- Not to do for others what they could do for themselves.
- Not to manipulate situations so others will eat, get up, pay bills, not drink.
- Not to cover up for anyone's mistakes or misdeeds.
- Not to create a crisis.
- Not to prevent a crisis if it is in the natural course of events.



www.southpugetsoundal-anon.org

Area 59 / Washington State

District 10



Al-Anon & Alateen

South Puget Sound meetings

updated Nov. 2024

Are you troubled
by
someone's
drinking?

hope & help for families and friends of alcoholics

MONDAY

OLYMPIA

12 pm | **Courage to Changers** WSO#14259
Online Only: Zoom 830 68375664
passcode 898629
Suzanne (360) 705-1166

12 pm | **Fortaleza, Experiencia y Esperanza**
Sacred Heart Parish WSO#30651906
812 Bowker St SE
Lorena (360) 827-3884

HOQUIAM

6 pm | **Get A Life** WSO#53659
Hybrid: Zoom 796 7054 4682, passcode GAL
The Rose Center, 210 K Street
Keelee (360) 532-3009

LACEY

7 pm | **New Beginnings** WSO#46371
Hybrid: Zoom 831 3752 7299, passcode 694927
St Benedict's Episcopal Church
910 Bowker S.E., off Pacific Ave.
Susie (360) 790-4142

OLYMPIA

7 pm | **Just For Today** WSO#26328
Gloria Dei Lutheran Church
1515 Harrison Ave NW
Gail (360) 791-7744

7 pm | **Discovering Choices**
Gull Harbor Lutheran Church
4610 Boston Harbor Rd NE
Kari (360) 528-9960

TUESDAY *

LACEY

6:30 pm | **Serenity on Tuesday** WSO#30614484
St Mark's Lutheran Church, 2109 College St SE
Debra (503) 680-5745

WEDNESDAY

OLYMPIA

7 pm | **Fortaleza, Experiencia y Esperanza**
Sacred Heart Parish WSO#30651906
812 Bowker St SE - Olympia
Lorena (360) 827-3884

HOQUIAM

7 pm | **Get A Life** WSO#53659
Hybrid: Zoom 796 7054 4682, passcode GAL
The Rose Center, 210 K Street
Keelee (360) 532-3009

LACEY

7 pm | **Friends in Lacey** WSO#14260
Hybrid: GoToMeeting 144 538 013
St. Mark's Lutheran Church, 2109 College St. S.E.
Rachael B. (253) 448-9158

THURSDAY

SHELTON

12 pm | **Serenity in Shelton** WSO#30777492
United Methodist Church, 1900 King Street
Meet in Meditation Room of the South Hall
Marlee (360) 339-3958

YELM

6 pm | **New Attitudes** WSO#52679
Yelm United Methodist Church, 408 2nd S.E.
Hybrid: GoToMeeting 720 416 197
Debbie (360) 280-8329 | debsstillwell66@gmail.com

OLYMPIA

6:30 pm | **Capital Improvements** (Babysitting available)
St. John's Episcopal Church, 114 20th Ave S.E.
Casey L. (360) 951-0076
WSO#62850

SHELTON

12 pm | **Serenity in Shelton** WSO#30777492
United Methodist Church, 1900 King Street
Meet in Meditation Room of the South Hall
Marlee (360) 339-3958

ELMA

7:00 pm | **Elma Family Group**
Faith Lutheran Church, 1296 Monte-Elma Rd.

AL-ATEEN MEETINGS

Al-Ateen meetings are held for teens age 13-18, facilitated by trained Al-Anon members and are usually held at a local school. For more information on local Al-Ateen meetings, please contact the Al-Ateen coordinator at District10@southpugetsoundal-anon.org

* PLUS ONE MORE, SEE OTHER MEETINGS

FRIDAY

OLYMPIA

12 pm | **Courage to Changers** WSO#14259
Online Only: Zoom 83068375664
passcode 898629
Suzanne (360) 705-1166

7 pm | **South Sound Steppers** WSO# 30518101
Online Only: Zoom 84196402850 , passcode 926598

Online Call in #: (360) 209-5623
Shari O (909) 953-0373

7 pm | **Experience Strength and Hope**
WSO# 30518101

Gloria Dei Lutheran Church
1515 Harrison Ave NW (2nd floor high school room)
Joe (360) 522-5441

7 pm | **Fortaleza, Experiencia y Esperanza**
Sacred Heart Parish WSO#30651906
812 Bowker St SE - Olympia
Lorena (360) 827-3884

SUNDAY

TENINO

6 pm | **Hope House** WSO#30528760
Hope House Presbyterian Church
125 Central Ave E
Annette (253) 347-6418

YELM

6 pm | **New Attitudes** WSO#52679
Hybrid: GoToMeeting 720 416 197
Yelm United Methodist Church, 408 2nd St SE
Debbie (360) 280-8329 debsstillwell66@gmail.com

OCEAN SHORES

7 pm | **Waves of Recovery**
Ocean Shores Library Conference Room
573 Point Brown Ave
Larry B (206) 953-5385 lburnstad@comcast.net

OTHER MEETINGS—TUESDAY

OLYMPIA

7 pm | **AA Big Book Study from the Al-Anon Perspective**
Online Only: Zoom 84412705316 , passcode 269266
Online Call in # (360) 209-5623
Shari O (909) 953-0373

God, grant me the *Serenity* to
accept the things I cannot
change, *Courage* to change the
things I can, and *Wisdom* to
know the difference.

