



Al-Anon & Alateen

South Puget Sound meetings

In Al-Anon, we learn . . .

Not to suffer because of the actions or reactions of other people.

- Not to allow ourselves to be used or abused by others in the interest of another's recovery.
- Not to do for others what they could do for themselves.
- Not to manipulate situations so others will eat, get up, pay bills, not drink.
- Not to cover up for anyone's mistakes or misdeeds.
- Not to create a crisis.
- Not to prevent a crisis if it is in the natural course of events.

For general information contact the District 10 Representative at

District10@southpugetsoundal-anon.org

For meeting schedule changes and updates, contact your Group Rep or email

districtTenWebmaster@gmail.com

To purchase Al-Anon literature, including brochures, pamphlets, books, and more, please contact

olympiaLDC@gmail.com

District 10 meetings are scheduled bimonthly: January, March, May, July, September, and November, on the second or third* Saturday, 9:30 a.m. to 12:00 noon.

Location: St. Benedict's Church, 910 Bowker SE (off Pacific Avenue) in Lacey, WA 98503

*Please check the website to confirm dates.

Please copy & share this schedule :)



www.southpugetsoundal-anon.org

Schedule changes? @ DistrictTenWebmaster@gmail.com

Are you troubled
by
someone's
drinking?

hope & help for families and friends of alcoholics

Sunday

Ocean Shores

7 PM

Waves of Recovery

Ocean Shores Library

573 Point Brown Ave NW, Ocean Shores, WA 98569, USA

Tenino

6 PM

Hope House

Hope House Presbyterian Church

125 E Central Ave, Tenino, WA 98589, USA

Yelm

6 PM

New Attitudes

Yelm United Methodist Church

408 2nd St SE, Yelm, WA 98597, USA

Monday

Hoquiam

6 PM

Get A Life

The Rose Center

210 K St, Hoquiam, WA 98550, USA

Lacey

12 PM

Fortaleza, Experiencia y Esperanza

Sacred Heart Parish

812 Bowker St SE, Lacey, WA 98503, USA

7 PM

New Beginnings

St Benedict's Episcopal Church

910 Bowker St SE, Lacey, WA 98503, USA

Olympia

7 PM

Discovering Choices

Gull Harbor Lutheran Church

4610 Boston Harbor Rd NE, Olympia, WA 98506, USA

Just For Today

Gloria Dei Lutheran Church

1515 Harrison Ave NW, Olympia, WA 98502, USA

Tuesday**Lacey**

6 PM

Serenity on Tuesday

St Mark's Lutheran Church
2109 College St SE, Lacey, WA 98503, USA

Olympia

6 PM

South Sound Rainbow Steppers

Online - Olympia
ZOOM - Meeting ID: 827 0037 3156; Passcode: Pride

7 PM

AA Big Book Study from the Al-Anon Member's Perspective ***

Online - Olympia
ZOOM - Meeting ID: 833 6583 2498; Passcode: 490818

Wednesday**Hoquiam**

7 PM

Get A Life

The Rose Center
210 K St, Hoquiam, WA 98550, USA

Lacey

7 PM

Fortaleza, Experiencia y Esperanza

Sacred Heart Parish
812 Bowker St SE, Lacey, WA 98503, USA

Friends in Lacey

St Mark's Lutheran Church
2109 College St SE, Lacey, WA 98503, USA

Thursday**Elma**

7 PM

Elma Family Group

Faith Lutheran Church
1296 Monte Elma Rd, Elma, WA 98541, USA

Olympia

6 PM

Capital Improvements

Saint John's Episcopal Church
114 20th Ave SE, Olympia, WA 98501, USA

Shelton

12 PM

Serenity in Shelton

United Methodist Church
1900 King St, Shelton, WA 98584, USA

Yelm

6 PM

New Attitudes

Yelm United Methodist Church
408 2nd St SE, Yelm, WA 98597, USA

Friday

Lacey

12 PM

Courage to Changers

Online - Olympia
ZOOM - Meeting ID: 830 6837 5664; Passcode: 898629

7 PM

Fortaleza, Experiencia y Esperanza

Sacred Heart Parish
812 Bowker St SE, Lacey, WA 98503, USA

Olympia

7 PM

Experience Strength and Hope

Gloria Dei Lutheran Church
1515 Harrison Ave NW, Olympia, WA 98502, USA

South Sound Steppers

Online - Olympia
ZOOM - Meeting ID: 875 1085 4896; Passcode: 245927