

For general information contact the District 10 Representative at

District10@southpugetsoundal-anon.org

For meeting schedule changes and updates, contact your Group Rep or email

districtTenWebmaster@gmail.com

To purchase Al-Anon literature, including brochures, pamphlets, books, and more, please contact

olympiaLDC@gmail.com

District 10 meetings are scheduled bimonthly: January, March, May, July, September, and November, on the second or third* Saturday, 9:30 a.m. to 12:00 noon.

Location: St. Benedict's Church, 910 Bowker SE (off Pacific Avenue) in Lacey, WA 98503

*Please check the website to confirm dates.

Please copy & share this schedule :)

In Al-Anon, we learn . . .

Not to suffer because of the actions or reactions of other people.

- Not to allow ourselves to be used or abused by others in the interest of another's recovery.
- Not to do for others what they could do for themselves.
- Not to manipulate situations so others will eat, get up, pay bills, not drink.
- Not to cover up for anyone's mistakes or misdeeds.
- Not to create a crisis.
- Not to prevent a crisis if it is in the natural course of events.



www.southpugetsoundal-anon.org

Area 59 / Washington State

District 10



Al-Anon & Alateen South Puget Sound meetings

updated June 2026

**Are you troubled
by
someone's
drinking?**

hope & help for families and friends of alcoholics

Sunday

Ocean Shores

7 PM

Waves of Recovery

English, Families Friends and Observers Welcome

Ocean Shores Library

573 Point Brown Ave NW, Ocean Shores, WA 98569, USA

Tenino

6 PM

Hope House

Families Friends and Observers Welcome

Hope House Presbyterian Church

125 E Central Ave, Tenino, WA 98589, USA

Yelm

6 PM

New Attitudes

Families Friends and Observers Welcome, Online Meeting

Yelm United Methodist Church

408 2nd St SE, Yelm, WA 98597, USA

<https://www.gotomeet.me/NewAttitudesAFG>

Monday

Hoquiam

6 PM

Get A Life

Families Friends and Observers Welcome, Online Meeting

The Rose Center

210 K St, Hoquiam, WA 98550, USA

HYBRID MEETING. Plenty of off street parking available. Enter through the rear door. Masks are optional.

<https://us02web.zoom.us/j/79670544682?pwd=RXFRNm5zVEh3RE9Ea0hIWXBlemxuQT09>

Lacey

12 PM

Fortaleza, Experiencia y Esperanza

Families Friends and Observers Welcome, Spanish

Sacred Heart Parish

812 Bowker St SE, Lacey, WA 98503, USA

2nd floor, room #72do piso, salon 7lunes 12-1:30 y miercoles 7-8:30

7 PM

New Beginnings

Families Friends and Observers Welcome, Online Meeting

St Benedict's Episcopal Church

910 Bowker St SE, Lacey, WA 98503, USA

Off Pacific Ave.

<https://zoom.us/j/83137527299>

Olympia

7 PM

Discovering Choices

Families Friends and Observers Welcome

Gull Harbor Lutheran Church

4610 Boston Harbor Rd NE, Olympia, WA 98506, USA

We are a small and intimate group actively working the program and and welcome anyone to join.

Al-Anon/Alateen Meeting Schedule

Just For Today

Beginner, Families Friends and Observers Welcome, Wheelchair Accessible

Gloria Dei Lutheran Church

1515 Harrison Ave NW, Olympia, WA 98502, USA

2nd floor

Upstairs in music room

Tuesday

Lacey

6 PM

Serenity on Tuesday

Families Friends and Observers Welcome

St Mark's Lutheran Church

2109 College St SE, Lacey, WA 98503, USA

Entrance is in the back of the church. Park in the back of the church (near the vegetable garden). Enter @ right most door around back.

Park in the back of the church (near the gardens) and enter through the middle door where there will be an Al-Anon sign hanging.

Olympia

7 PM

AA Big Book Study from the Al-Anon Member's Perspective ***

Families Friends and Observers Welcome, Online Meeting

Online - Olympia

Olympia, WA, USA

<https://us06web.zoom.us/j/86196288979?pwd=18sZWHtYCj3hJsc9hb9f64tIVqrt0s.1>

*** Not an official Al-Anon Family Group, as this meeting uses non-Conference Approved Literature.***

Wednesday

Hoquiam

7 PM

Get A Life

Families Friends and Observers Welcome, Online Meeting

The Rose Center

210 K St, Hoquiam, WA 98550, USA

HYBRID MEETING. Plenty of off street parking available. Enter through the rear door. Masks are optional.

<https://us02web.zoom.us/j/79670544682?pwd=RXFRNm5zVEh3RE9Ea0hIWXBlemxuQT09>

Lacey

7 PM

Fortaleza, Experiencia y Esperanza

Families Friends and Observers Welcome, Spanish

Sacred Heart Parish

812 Bowker St SE, Lacey, WA 98503, USA

2nd floor, room #72do piso, salon 7lunes 12-1:30 y miercoles 7-8:30

Friends in Lacey

Families and Friends Only, Online Meeting, Wheelchair Accessible

St Mark's Lutheran Church

2109 College St SE, Lacey, WA 98503, USA

Entrance is in the back of the church. Park in the back of the church (near the vegetable garden). Enter @ right most door around back.

<https://meet.google.com/ojz-forh-ogn>

Olympia

12 PM

Hope for Today

English, Wheelchair Accessible

222 Columbia St NW, Olympia, WA 98501, USA

Thursday

Olympia

6 PM

Capital Improvements

Babysitting Available, Families Friends and Observers Welcome, Wheelchair Accessible

Saint John's Episcopal Church

114 20th Ave SE, Olympia, WA 98501, USA

babysitting available onsite. Enter at parking lot around back.

You're Not Alone (Alateen)

Alateen, Babysitting Available, Concurrent with AA Meeting

Saint John's Episcopal Church

114 20th Ave SE, Olympia, WA 98501, USA

On-site childcare. Concurrent with AA and Al-Anon meetings.

Shelton

12 PM

Serenity in Shelton

Families Friends and Observers Welcome, Wheelchair Accessible

United Methodist Church

1900 King St, Shelton, WA 98584, USA

Meeting in the meditation room of the south hall.

In the Meditation Room in South Hall (where the clothing closet is located).

Yelm

6 PM

New Attitudes

Families Friends and Observers Welcome, Online Meeting

Yelm United Methodist Church

408 2nd St SE, Yelm, WA 98597, USA

<https://www.gotomeet.me/NewAttitudesAFG>

Friday

Lacey

12 PM

Courage to Changers

English, Families Friends and Observers Welcome, Online Meeting

Online - Olympia

Lacey, WA 98506, USA

<https://us06web.zoom.us/j/83068375664?pwd=dDlFakgvQWpHdlF5TXNFQ3daZWWhQdz09>

7 PM

Fortaleza, Experiencia y Esperanza

Beginner, Families Friends and Observers Welcome, Fragrance Free, Spanish, Wheelchair Accessible

Sacred Heart Parish

812 Bowker St SE, Lacey, WA 98503, USA

2nd floor, room #72do piso, salon 7lunes 12-1:30 y miercoles 7-8:30

Edificio al fondo. Hallen Hall 816 2do piso. Room 7.

Olympia

7 PM

Experience Strength and Hope

Families and Friends Only

Gloria Dei Lutheran Church

1515 Harrison Ave NW, Olympia, WA 98502, USA

2nd floor

2nd floor. High School Room.

South Sound Steppers

English, Families and Friends Only, Online Meeting

Online - Olympia 2

Olympia, WA 98507, USA

<https://us06web.zoom.us/j/89561625619?pwd=TvoEmB9W6OwO0tLq6UifQsGzw6eXYh.1>